

What's the difference between Invisalign® aligners and braces? Let us **clear it up.**



Invisalign aligners

Traditional braces



Faster than braces
(on average, 5 months faster!)¹



Speed

Longer treatment



Less painful than braces²



Comfort

Metal wires can irritate or cut
the inside of the mouth



Fewer doctor visits than braces³

ZERO emergency visits due to
broken brackets or wires

Removable for sports

Eat anything you want
(just pop 'em out first!)



Lifestyle

More frequent doctor visits,
plus the possibility of emergency
visits to fix broken brackets
and wires



Not removable

Food restrictions



No brackets or wires = easier
brushing and flossing

Less plaque than braces⁴

Supports healthier gums⁵



Oral hygiene

Brackets and wires can make
brushing and flossing difficult



Possibility of decalcification
(discoloration) on teeth
after treatment



98% of orthos say teens wear
their aligners as instructed
during treatment⁶

My Invisalign™ app helps teens
keep treatment on track



Compliance

Fixed appliances require
teens to keep braces on



May be covered by insurance,
up to \$3,000⁷

HSA/FSA eligible

Flexible payment plans available



Cost

Same ways to pay as
Invisalign treatment





**Scan the QR code for visuals
and videos of the Invisalign®
experience for teens.**

1 Gu, J et al. AJODO February 2017;151:259-66. Buschang, P et al. Angle Orthodontist, Vol 84, No 3, 2014.

2 In a pain score of 1-9, 1 being extremely painful and 9 not at all painful, Invisalign teenager patients (age 13-18 n=106) rated pain score of 6.5 vs traditional metal braces teenager patients (age 13-18 n=141) rated pain score of 5.1. Data on file at Align Technology, as of December 28, 2022.

3 Buschang et al; Comparative time efficiency of aligner therapy and conventional edgewise braces. Angle Orthod 1 May 2014; 84 (3): 391-396. Borda et al; Outcome assessment of orthodontic clear aligner vs fixed appliance treatment in a teenage population with mild malocclusions. Angle Orthod 1 July 2020; 90 (4): 485-490.

4 Percentage of dental hygienists that primarily work in a practice offering the Invisalign system who 'agree' or 'strongly agree' to the question "During Invisalign clear aligner treatment, most patients have less plaque compared to patients undergoing fixed appliance treatment." (n=135).

5 Based on lower plaque index (PI), gingival index (GI), and probing pocket depth (PPD).) for the Invisalign patients measured at the mid facial, mid lingual, and buccal line angles of the maxillary right first molar, right canine, left lateral incisor, mandibular left canine, right central incisor, and right first molar, measured at 6 months, and 12 months of treatment, on 42 adult patients (average age 18-44 years, 20 Invisalign treatment, 22 fixed appliances, In-Ovation-R, GAC).

6 Data from a global survey of 70 orthodontists in NA, EMEA & APAC that were experienced in treating teenagers with permanent dentition with Invisalign clear aligners (minimum of 60 cases, past 12 months). Data on file at Align Technology, as of June 10, 2021.

7 Data from OrthoFi for calendar year 2021, N = 112,243, US patients with dental insurance coverage who used OrthoFi insurance verification tool. Data on file at Align Technology, as of January 19, 2023.